


# Middle School Lunch Menu

October 2024

For more information, please visit: [foodservices.dpsk12.org](https://foodservices.dpsk12.org)



Food & Nutrition Services  
Feeding healthy futures

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>October 1, 2024</b></p>	<p><b>1 Colorado Proud Day</b> Local Polidori Green Chili &amp; Cheese Sausage on a Bun Honey Mustard Wings &amp; Roll SW Chopped Chicken Salad SW Vegetarian Chopped Salad (V) Grilled Cheese Sandwich (V) SW Chopped Chicken Salad SW Vegetarian Chopped Salad (V) PB&amp;J Sandwich (V) 'Bonzo Butter &amp; Jelly Sandwich (V) Grab N Go Box-Turkey Croissant <i>Unlimited Fruit &amp; Vegetable Bar</i> <i>Featuring Local Potatoes, Cherry Tomatoes, Honey Crisp Apples and Romaine Lettuce.</i></p>	<p><b>2</b> Chicken a la King &amp; Roll Chicken Parmesan Sandwich Broccoli &amp; Cheese Baby Baker &amp; Roll Turkey Chef Salad Vegetarian Chef Salad (V) Grilled Cheese Sandwich (V) PB&amp;J Sandwich (V) 'Bonzo Butter &amp; Jelly Sandwich (V) Grab N Go Box-Turkey Croissant Unlimited Fruit &amp; Vegetable Bar</p>	<p><b>3</b> All Beef Hot Dog Chili Dog Black Jack Meat Pizza Black Jack Vegetarian Pizza (V) Chile Relleno Quiche &amp; Roll (V) Buffalo Chicken Salad Vegetarian Chef Salad (V) Yogurt Basket-Zucchini Muffin (V) PB&amp;J Sandwich (V) 'Bonzo Butter &amp; Jelly Sandwich (V) Grab N Go Box-Ham Croissant (P) Unlimited Fruit &amp; Vegetable Bar</p>	<p><b>4</b> Chicken Caliente &amp; Spanish Rice Buffalo Chicken Wrap Cheese Quesadilla (V) Vegetarian Chopped Shaker Salad Yogurt Basket-Cinnamon Crisps (V) Spicy Grilled Cheese Sandwich (V) PB&amp;J Sandwich (V) 'Bonzo Butter &amp; Jelly Sandwich (V) Grab N Go Box-Turkey Croissant Unlimited Fruit &amp; Vegetable Bar</p>
<p><b>7</b> Beef &amp; Cheese Burrito Bean &amp; Cheese Burrito (V) Crunchy Hawaiian Chicken Wrap Spicy Chicken Salad Vegetarian Chef Salad (V) PB&amp;J Sandwich (V) 'Bonzo Butter &amp; Jelly Sandwich (V) Grab N Go Box-Turkey Croissant Unlimited Fruit &amp; Vegetable Bar</p>	<p><b>8</b> Homemade Pepperoni Pizza Homemade Cheese Pizza (V) Garlic Parmesan Hot Wings &amp; Roll Chicken Caesar Salad Vegetarian Caesar Salad (V) Yogurt Basket Cinnamon Crisps (V) PB&amp;J Sandwich (V) 'Bonzo Butter &amp; Jelly Sandwich (V) Grab N Go Box-Ham Croissant (P) Unlimited Fruit &amp; Vegetable Bar</p>	<p><b>9</b> Sloppy Joe Sandwich (P) Vegetarian Sloppy Joe Sandwich (V) Italian Sub Sandwich Mediterranean Chopped Salad (V) PB&amp;J Sandwich (V) 'Bonzo Butter &amp; Jelly Sandwich (V) Grab N Go Box-Turkey Croissant Unlimited Fruit &amp; Vegetable Bar</p>	<p><b>10</b> <b>No School</b></p>	<p><b>11</b> <b>No School</b></p>
<p><b>14</b> <b>No School</b></p>	<p><b>15</b> Homemade Pepperoni Pizza Homemade Cheese Pizza (V) Spicy BBQ Wings &amp; Roll Crispy Chicken Salad Vegetarian Chef Salad (V) PB&amp;J Sandwich (V) 'Bonzo Butter &amp; Jelly Sandwich (V) Grab N Go Box-Ham Croissant (P) Unlimited Fruit &amp; Vegetable Bar</p>	<p><b>16</b> Mac &amp; Cheese (V) Chili Mac Turkey Chef Salad Vegetarian Chef Salad (V) PB&amp;J Sandwich (V) 'Bonzo Butter &amp; Jelly Sandwich (V) Grab N Go Box-Turkey Croissant Unlimited Fruit &amp; Vegetable Bar</p>	<p><b>17</b> Crispy Chicken Sandwich Spicy Chicken Sandwich Green Chili Cheese Fries (V) Black Jack Meat Pizza Black Jack Vegetarian Pizza (V) Black Bean Burger (V) Mediterranean Chopped Salad (V) Yogurt Basket-Zucchini Muffin (V) PB&amp;J Sandwich (V) 'Bonzo Butter &amp; Jelly Sandwich (V) Grab N Go Box-Ham Croissant (P) Unlimited Fruit &amp; Vegetable Bar</p>	<p><b>18</b> Pulled Pork Sandwich (P) Cuban Sandwich Broccoli, Cheese Baby Potatoes (V) Spicy Chicken Salad Vegetarian Chef Salad (V) Grilled Cheese Sandwich (V) PB&amp;J Sandwich (V) 'Bonzo Butter &amp; Jelly Sandwich (V) Grab N Go Box-Turkey Croissant Unlimited Fruit &amp; Vegetable Bar</p>

<p><b>21</b>  Beef Tamale  Crunchy Hawaiian Chicken Wrap  Cheese Quesadilla (V)  Mexican Chopped Chicken Salad  Mexican Chopped Vegetarian Salad (V)  PB&amp;J Sandwich (V)  'Bonzo Butter &amp; Jelly Sandwich (V)  Grab N Go Box-Turkey Croissant  Unlimited Fruit &amp; Vegetable Bar</p>	<p><b>22</b>  Homemade Pepperoni Pizza  Homemade Cheese Pizza (V)  Lemon Pepper Wings &amp; Roll  Tomato Soup &amp; Grilled Cheese (V)  Vegetarian Chopped Salad (V)  Yogurt Basket-Cinnamon Crisps (V)  PB&amp;J Sandwich (V)  'Bonzo Butter &amp; Jelly Sandwich (V)  Grab N Go Box-Ham Croissant (P)  Unlimited Fruit &amp; Vegetable Bar</p>	<p><b>23</b>  Penne &amp; Meatballs  Meatball Sub Sandwich  Penne &amp; Deeply Rooted Sauce (V)  Chicken Caesar Salad  Vegetarian Caesar Salad  PB&amp;J Sandwich (V)  'Bonzo Butter &amp; Jelly Sandwich (V)  Grab N Go Box-Turkey Croissant  Unlimited Fruit &amp; Vegetable Bar</p>	<p><b>24</b>  Cheeseburger  Hamburger  Green Chili Burger  Black Bean Burger (V)  Black Jack Meat Pizza  Black Jack Vegetarian Pizza (V)  Mediterranean Chopped Salad (V)  Yogurt Basket-Zucchini Muffin (V)  PB&amp;J Sandwich (V)  'Bonzo Butter &amp; Jelly Sandwich (V)  Grab N Go Box-Ham Croissant(P)  Unlimited Fruit &amp; Vegetable Bar</p>	<p><b>25</b>  Sweet Chili Sauce Glazed  Drumstick &amp; Stir-Fried Rice  Soy Ginger Beef Bowl  Vegetarian Egg Fried Rice (V)  Grilled Cheese Sandwich (V)  Mandarin Orange Crispy Chicken Salad  Mandarin Orange Vegetarian Salad (V)  PB&amp;J Sandwich (V)  'Bonzo Butter &amp; Jelly Sandwich (V)  Unlimited Fruit &amp; Vegetable Bar</p>
<p><b>28</b>  Beef &amp; Cheese Walking Nachos  Cheese Walking Nachos (V)  Crispy Chicken Salad  Vegetarian Chef Salad (V)  PB&amp;J Sandwich (V)  'Bonzo Butter &amp; Jelly Sandwich (V)  Grab N Go Box-Turkey Croissant  Unlimited Fruit &amp; Vegetable Bar</p>	<p><b>29</b>  Homemade Pepperoni Pizza  Homemade Cheese Pizza (V)  Honey MustardWings &amp; Roll  SW Chopped Chicken Salad  SW Vegetarian Chopped Salad (V)  PB&amp;J Sandwich (V)  'Bonzo Butter &amp; Jelly Sandwich (V)  Grab N Go Box-Ham Croissant  Unlimited Fruit &amp; Vegetable Bar</p>	<p><b>30</b>  Country Chicken Bowl &amp; Roll  Chicken Parmesan Sandwich  Broccoli &amp; Cheese Baby Baker &amp; Roll  Turkey Chef Salad  Vegetarian Chef Salad (V)  Grilled Cheese Sandwich (V)  PB&amp;J Sandwich (V)  'Bonzo Butter &amp; Jelly Sandwich (V)  Grab N Go Box-Turkey Croissant  Unlimited Fruit &amp; Vegetable Bar:</p>	<p><b>31</b>  All Beef Hot Dog  Chili Dog  Black Jack Meat Pizza  Black Jack Vegetarian Pizza (V)  Chile Relleno Quiche &amp; Roll (V)  Buffalo Chicken Salad  Vegetarian Chef Salad (V)  Yogurt Basket-Zucchini Muffin (V)  PB&amp;J Sandwich (V)  'Bonzo Butter &amp; Jelly Sandwich (V)  Grab N Go Box-Ham Croissant  Unlimited Fruit &amp; Vegetable Bar</p>	

DPS Food & Nutrition Services provides scratch-made recipes for the majority of our items served. | V=Vegetarian Entree Option: P=Entree contains Pork

Milk options available with lunch include local white 1%, white non-fat and 1% chocolate. All bread options are whole grain rich

***Please note, menus are subject to change without notice. This institution is an equal opportunity provider***